

(as of March 31, 2022)

Ikuno Ward Office **Address** 3-1-19 Katsuyamaminami **PHONE** 6715-9986 (Reception)

Bureau of Environment, Eastern Japan Environmental Business Center
Address 1-1-4 Tatsuminaka **PHONE** 6751-5311

Regional Development Bureau, Ikuno Ward South Office

Address	Ward Office 5F, 3-1-19 Katsuyamaminami	PHONE	6717-8266
---------	--	-------	-----------

Water Department Customer Service Center **PHONE** 6458-1132

Kansai Electric Power Ogimachi Office **Address** 3-9-3 Honjohigashi,

Toll Free 0800-777-8810

Construction Bureau, Sanadayama Park Office

Address	5-70 Sanadayamacho, Tennoji-ku	PHONE	6761-1770
---------	--------------------------------	-------	-----------

Ikuno Ward Volunteering and Activity Center
Address 3-13-20 Katsuyamakita **PHONE** 6712-3101

Construction Bureau, Tajima Plant Address 1-17-13 Tajima PHONE 6751-5000

Clearwater Osaka **Address** 1-17-13 Tajima **PHONE** 6751-5048

Imazato Pension Office	Address	2-1-8 Oimazatonishi, Higashinari-ku	PHONE	6972-0161
------------------------	---------	-------------------------------------	-------	-----------

Osaka Passport Center

Address Osaka Prefectural Govt. New Annex, South Bldg., 3-1-43 Otemae, Chuo-ku

PHONE 6944-6626

Osaka Gas (Customer Service Center) **PHONE** 0120-09-4817

Osaka Gas (dedicated number for gas leak reports) **PHONE** 0120-01-9424

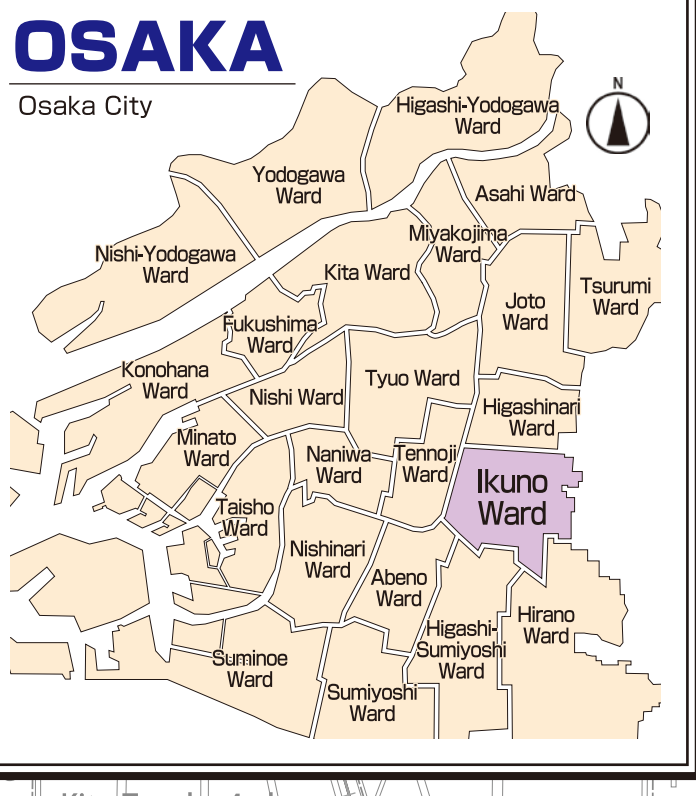
Ikuno Fire Department **Address** 1-13-8 Shariji **PHONE** 6731-0119

Imazato Urgent Care Clinic **Address** 3-6-6 Oimazatonishi, Higashinari-ku **PHONE** 6972-0767

Chuo Urgent Care Clinic (nights) **Address** 4-10-13 Shinmachi, Nishi-ku **PHONE** 6534-0321

For a dedicated consultation point for foreign residents...

Address 8-2-6 Uehonmachi, Tennoji-ku **PHONE** 6773-6533



What is the Ikuno Ward Social Welfare Council?

The Ikuno Ward Social Welfare Council (Ikuno SWC) is an organization that discusses (and works together on) ways to make the ward an inviting place to everyone.

Contact: Ikuno Ward Social Welfare Council, 3-13-20 Katsuyamakita, Ikuno-ku **Phone** 6712-3101

Support for Regional Activities

Support for regional social welfare councils

The 19 regional social welfare councils are based on elementary school districts, and conduct various programs that take advantage of the characteristics of the community. The Ikuno SWC provides grants and support to spread and enhance such programs.

They offer support for childcare support programs and salon (group assembly) programs.

They support programs by Ikuno Ward social welfare contact councils.

They also offer short-term, free wheelchair loans.

Reassurance Support (business supporting independent life)

They support people with dementia, cognitive disabilities, mental illnesses, and other executive function impairments to address their financial management concerns, for a less stressful life.

Ikuno Ward Volunteering and Activity Center

They work to build up our network of volunteer groups while also supporting and promoting citizens' efforts and volunteer efforts.

What sort of programs are there?

There are a variety of programs including board games such as go and shogi, discussions at facilities and other venues, and help with events.

What sort of groups are involved in programs?

They have active, registered volunteer groups in different demographics, including senior citizens, disabled persons, and children. They engage in a wide range of activities that utilize their interests and traits, ranging from sign language and braille translation and interpreting, transiteration of text, paper puppet plays, toy repair, and musical performances.

How do I volunteer?

Please start by calling the "Volunteering and Activity Center". A volunteer coordinator will help to find activities that suit you.

Helpful Oversight Consultation Office

While our residents face numerous, widely varied issues in their lives and require support, we have been grappling with concerns over how to best ascertain who is not connected with the help they need, and how to best support them. We work to build a helpful oversight network in the region in order to address issues including support for isolated people in the region, and help for seniors with dementia who get lost.

Powerful support projects for more helpful neighborhoods

"Your personal welfare coordinator!"

Welfare coordinators are convenient, local contact points for minor concerns, intended to prevent isolation in the community. They work alongside welfare specialists and regional volunteers.

Lifestyle Consultation Contact Point Ikuno (contact for consultations and support for those in need)

Lifestyle Consultation Contact Point Ikuno is a helpful partner for worries about work or daily life, and helps you consider and resolve issues.

Feel free to talk with us instead of struggling alone.

Ikuno Ward Office 3F, Window 3, 3-1-19 Katsuyaminami, Postal Code 544-8501

Phone 6717-6565

Organization

The Ikuno Ward Social Welfare Council (Ikuno SWC) is a private welfare group established under the Social Welfare Act, and composed of regional residents, health, medical, and welfare organizations and specialists, government agencies, and patient organizations.

Objective

To handle welfare issues in the community as issues for the entire community, discuss solutions with local residents, create spaces for joint efforts, and advance urban development through welfare.

Ikuno Ward Comprehensive Regional Children's Care System

The system sends childrearing community social workers to households and communities, where they support development of connections with facilities, schools, children's cafeterias, and more. They also aid in consultations for parents and children or households that require support, by coordinating with the Ward Office's Childcare Support Office.

Heart-chan Class / Iki-Iki (Lively) Class (Long-term care prevention business)

Let's make sure you have what you need for a vibrant life! They offer programs intended to improve exercise, oral, and nutritional functions, all in order to prevent the need for long-term care.

Okachiya Orange Team (Early-stage dementia focus support promotion business)

Our team of medical, long-term care, and welfare specialists takes consultations from patients with dementia or their concerned family members, and connects them with the medical and long-term care services they need.

Phone 6712-3113

At-Home Long-Term Care Support Project

They take consultations from users of long-term care insurance services, devise appropriate care plans, and make arrangements with service providers.

Lifestyle Support System Development Businesses (Lifestyle support coordinators)

Lifestyle support coordinators assess the needs and resources of senior citizens who live in a region, and work with residents and various groups to build connections and generate mutual support. This helps to ensure the healthy, vibrant lives of senior citizens continue in a way that accounts for community characteristics.

Ikumin no Sato (Ikuno Citizens' Home) Ajisai Center (Ikunoku Roujin Fukushi center)

This center held a contest for its nickname, and the winner chosen in April 2020 was "Ikumin no Sato (Ikuno Citizens' Home) Ajisai Center". At this center, staff always aim to make things even more approachable and friendly. They provide places to make friends and find opportunities to relax for residents of the city age 60 and over, in the form of classes, hobby groups, clubs, and self-directed activities that help people find meaning and improve their health.

4-7-35 Katsuyaminami, Ikuno-ku Postal Code 544-0021

Phone 6712-2228

Ikuno Regional Welfare Programs

Community Salons

Places to enjoy time with friends and volunteers over coffee or soft drinks. Open to anyone in the community.

Childcare Salons

Places for young children and their parents to address concerns over childrearing, make friends, and play.

Community Meal Service

This service delivers meals and arranges group meals to allow opportunities to make friends, while watching over senior citizens who live alone or family members they live with in order to improve health.

It connects neighbors through a variety of events and special occasions (regional activities) to help residents have vibrant lives in the community they call home.

Contact Ikuno Ward Social Welfare Council Regional Support Representative **Phone** 6712-3101

Regional List of Community Cafes

Area Name	Nickname	Date	Time	Venue
Kita Tsuruhashi	Kitatsuru Community Cafe	3rd Saturday of each month	12:30 to 15:00	Kita Tsuruhashi Roujin Ikoi no Ie 3-5-34 Tsuruhashi
Tsuruhashi	Community Salons	3rd Wednesday of each month	14:00 to 16:00	Tsuruhashi Kaikan-Roujin Ikoi no Ie 1-2-39 Momodani
Myukimori	Cafe Salon Miyuki	2nd Wednesday of each month	11:30 to 13:00	Myukimori Kaikan-Roujin Ikoi no Ie 1-4-4 Katsuyaminami
Katsuyama	Cafe Salon	4th Tuesday of each month	13:00 to 15:30	Katsuyama Kaikan-Roujin Ikoi no Ie 1-4-4 Katsuyaminami
Higashi Momodani	Community Salons	4th Saturday of each month	10:00 to 13:00	Higashi Momodani Fukushi Kaikan-Roujin Ikoi no Ie Higashi Momodani Fukuro no Ie, 3-4-32 Katsuyama Kita
Shariji	Cafe Salon	3rd Saturday of each month	11:30 to 14:00	Shariji Kaikan-Roujin Ikoi no Ie 4-13-1 Katsuyama Minami
Nishi Ikuno	Nishi Ikuno Nakayoshi Salon	2nd Sunday of each month	12:00 to 14:00	Nishi Ikuno Kaikan-Roujin Ikoi no Ie 4-16-1 Ikunonishi
Ikuno	Cafe Salon "Iku-no"	4th Saturday of each month	12:00 to 14:00	Ikuno Kaikan-Roujin Ikoi no Ie 3-10-31 Ikunohigashi
Tajima	Cafe "Tanpopo"	4th Saturday of each month	11:30 to 13:00	Tashima Kaikan-Nakayoshi no Ie 4-20-3 Tajima
Ikuno Minami	Nakayoshi Cafe	1st Wednesday of each month	11:00 onward Ends when supplies run out	Ikuno Minamikaikan-Roujin Ikoi no Ie 6-2-6 Hayashiji
Hayashidera	Cafe "Yorimichi"	1st Wednesday of each month	12:00 onward	Hayashidera center 2-16-3 Hayashiji
Higashi Nakagawa	Community Salons	4th Monday of each month	11:30 to 13:00	Higashi Nakagawa Kaikan-Roujin Ikoi no Ie 2-12-35 Shinmazato
Shoji	Community Salons	2nd Wednesday of each month	13:00 to 15:30	Shoji Kaikan-Shoji Roujin Ikoi no Ie 2-23-8 Shoji
Kita Tatsumi	Community Salons	4th Thursday of each month	12:00 to 14:00	Kita Tatsumi Kaikan-Roujin Ikoi no Ie 2-4-16 Tatsumi
Tatsumi Higashi	Cafe Cosmos	3rd Tuesday of each month	13:30 to 15:00	Shin Tatsumi Higashi Kaikan-Roujin Ikoi no Ie, 4-11-18 Tatsumihigashi
Tatsumi	Cafe Sumire	4th Tuesday of each month	13:30 to 15:00	Tatsumi Kaikan-Roujin Ikoi no Ie 2-21-31 Tatsuminaka
Tatsumi Minami	Cafe Yasuragi Time	4th Saturday of each month	10:00 to 12:00	Tatsumi Minami Kaikan-Roujin Ikoi no Ie 1-15-29 Tatsumiminami

List of Childcare Salons

These are places for parents and children to gather, talk, play, and sometimes discuss parenting concerns. Please feel free to join in casually (some meetings may be cancelled due to circumstances).

Area Name	Group Name	Date and Time	Venue
Kita Tsuruhashi	Kitatsuru Yoiko Club (Good Kids' Club)	1st Wednesday of each month, 10:30 to 11:45 (not held in January, May, or August)	Kita Tsuruhashi Roujin Ikoi no Ie 3-5-34 Tsuruhashi
Tsuruhashi	Tsuruhashi Egao Club (Smile Club)	1st Friday of each month, 10:00 to 12:00 (not held in January)	Tsuruhashi Kaikan-Roujin Ikoi no Ie 1-2-39 Momodani
Myukimori	Myukimori Kosodate Nico Nico Club	3rd Wednesday of each month, 10:30 to 12:00 (not held in August)	Myukimori Kaikan-Roujin Ikoi no Ie 1-4-4 Katsuyaminami
Katsuyama	Katsuyama Oyako Circle (Parent and Child Circle)	2nd Friday of each month, 10:00 to 11:30	Katsuyama Kaikan-Roujin Ikoi no Ie 1-4-4 Katsuyaminami
Higashi Momodani	Moko Piyo Land	3rd Thursday of each month, 10:30 to 11:30 (not held in April)	Higashi Momodani Roujin no Sono 3-4-33 Katsuyamakita
Shariji	Shariji Oyako Circle (Parent and Child Circle)	Second Wednesday of each month, 10:00 to 12:00	Shariji Kaikan-Roujin Ikoi no Ie 4-13-1 Katsuyama Minami
Nishi Ikuno	Nishi Ikuno Oyako no Fureai Saron	2nd Wednesday of each month, 10:30 to 12:00 (not held in August)	Nishi Ikuno Kaikan-Roujin Ikoi no Ie 4-16-1 Ikunonishi
Ikuno	Nico Chan Club (Smiling Kids' Club)	3rd Thursday of each month, 10:00 to 11:30	Ikuno Kaikan-Roujin Ikoi no Ie 3-10-31 Ikunohigashi
Tashima	Tashima Kosodate Support Circle	3rd Tuesday of each month, 10:00 to 11:45 (not held in August)	Tashima Minami Integrated Elementary and Junior High School Campus 2 3-7-38 Tajima
Hayashidera	Korokoro Club	2nd Friday of each month, 10:00 to 11:30	Hayashidera center 2-16-3 Hayashiji
Higashi Nakagawa	Oya to Ko no (Parent and Child) Fureai Square	2nd Wednesday of each month, 10:00 to 11:30 (not held in January or August)	Higashi Nakagawa Kaikan-Roujin Ikoi no Ie 2-12-35 Shinmazato
Shoji	Shoji Yancha Club (Shoji Play Club)	2nd Wednesday of each month, 10:30 to 11:30 (not held in August)	Shoji Shougakou (Nishi Kouyuu) 2-24-20 Shoji
Kita Tatsumi	Potto Hotto	2nd Tuesday of each month, 10:00 to 12:00 (not held in August)	Ikunoku Kodomo-Kosodate Puraza 2-4-16 Tatsumi Kita
Tatsumi Higashi	Nobikko Club Oyako no Tsudoi (Growing Children's Club and Parent/Child Network)	1st Tuesday of each month, 10:30 to 11:45	Shin Tatsumi Higashi Kaikan-Roujin Ikoi no Ie, 4-11-18 Tatsumihigashi
Tatsumi	Oyako Circle (Parent/Child Circle) Tulip	2nd Tuesday of each month, 10:00 to 11:30 (not held in August)	Renge Kaikan 2-7-16 Tatsuminaka
Tatsumi Minami	Kosodate (Childcare) Circle Shobondama	3rd Wednesday of each month, 10:00 to 11:30	Tatsumi Minami Kaikan-Roujin Ikoi no Ie, 1-15-29 Tatsumiminami

Disaster Preparations to Handle! -Current Lessons and Preparations-

Prepare things to bring (emergency supplies) when evacuating

What to put in an emergency supply bag (backpack, etc.)

Potable water

The minimum required to prevent excess weight (around 2-3 500 ml plastic bottles)

Emergency rations

Foods that do not require preparation, hold for an extended time, and are easy to eat

Valuable items

Cash (¥10 coins for pay phone use), bank passbooks, personal seals, health insurance cards, copies of licenses, etc.

Medical supplies, etc.

Antiseptic, bandages, slings, etc.

Other

A whistle

Thick gloves (leather gloves)

Clothing (top, bottom, socks)

Chemical hand warmers

Plastic bags/wraps

Washing supplies, hygiene products, masks

Tough-soled shoes

Disposable batteries, power banks

Portable restrooms

Tissue paper, wet wipes

Flashlights, lanterns

Radio

Helmets, fire-resistant hoods

Rain gear, cold weather gear

Towels, handkerchiefs

Multi-tool knife, can opener

Simple utensils (disposable chopsticks, paper plates)

Sanitary pads or tampons, toilet paper

These are rough guidelines. Only take an amount you can carry when evacuating.

Have things ready to bring when evacuating

You may not be able to go shopping normally for several days after a disaster. Try to have things you and your family need every day stocked up at home.

Things to keep around

Buy an amount of food that keeps well in storage and water, and buy more as you use it up (keep a rolling stock)

At least seven days of food

Rice prepared with water only (instant rice), canned or dried bread, instant foods, nutritional supplements, candy, seasonings, soups, etc.

At least seven days of potable water

3 liters per adult per day

Fuel

Gas cassette stoves and burners, solid fuel

Toiletries

Simple restrooms, sewage containers, toilet paper

Blankets and bedding

Food wrap film

Fuel tanks

Rolling stock-style

Consuming before the expiration date arrives is the economical approach.



Items required depending on family structure and circumstances

Nursing infants
Baby food, powdered/liquid formula, diapers, pacifiers, etc.

Pregnancy
Maternal and Child Health Handbook, sanitary cotton, gauze, items for newborns, etc.

Senior citizens
Dentures, specialized foods, adult diapers, etc.

Pets
Leashes, carrier, potty items, pet foods, etc.

People with medical issues
Contact details for primary care doctor, medicine for issues, instructions for medicines, etc.

Other
Glasses, contact lenses, hearing aids, etc.

Contact Ward office Disaster Prevention Manager **Phone** 6715-9022

List of facilities with membership in Ikuno Ward social welfare contact councils

Ikuno Ward social welfare contact councils are councils for welfare facilities involved with senior citizens, disabled people, or children within the ward. They work to coordinate between facilities, exchange information, and contribute to regional welfare.

Facility Type	Facility Name	Address	Phone No.
Special Care Senior Home	Zuikouen	4-11-10 Tatsumihigashi	6758-0088
Special Care Senior Home	Ajisainosato	3-13-20 Katsuyamakita	6716-1199
Special Care Senior Home	In Palace Minorien	3-14-3 Tatsuminaka	6756-5200
Special Care Senior Home	Sun+Aquaria	4-11-17 Shinmazato	6755-1165
Special Care Senior Home	Iraka	3-7-30 Tatsumi Minami	6752-1339
Special Care Senior Home	Rainbow Imazato	1-6-20 Nakagawa	6755-6700
Special Care Senior Home	Tatsumi Sakuraraen	1-5-8 Tatsuminaka	6753-1147
Special Care Senior Home	Jukouen	4-13-14 Hayashiji	6714-2221
Special Care Senior Home	Yumenohako Katsuyama	1-17-43 Katsuyaminami	6712-2220
Special Care Senior Home	Senpo	3-14-3 Tatsuminaka	4306-1000
Day Services	Dei Sabisu Kokyuu no Ie-Osaka	2-4-26 Nakagawa	6753-6580
Day Services	Dei Sabisu Yume no Hako Ikuno	2-5-8 Ikunohigashi	6755-2188
Group Home Day Services	Yasuragien	3-6-13 Tajima	6751-1270
Group Home Day Services	Seiryu Tatsumi Kita	3-4-13 Tatsuminaka	4306-9000
Small-Scale Multifunction Homes Group Home	Kameyanchi	4-13-4 Tatsuminaka	6753-1011
Special Care Senior Home	Kin no Suzu	3-15-25 Tatsumiminami	6758-8111
Senior Home	Ogawaen	3-1-2 Ikunohigashi	6741-1520
Senior Home Group Home	Minorien	2-14-1 Tatsuminaka	6756-7600
Residential, Paid Seniors Home	Fine Shariji	4-14-12 Katsuyama Minami	6741-7773
Multifunctional Office	Iwaki Ikuno Gakuen	3-19-19 Shoji	6753-1121
Designated Disability Welfare Service Office (lifestyle nursing)	Ikuno Minna no Ie	1-16-10 Tajima	6754-1121
Welfare Service Office (lifestyle nursing)	Osaka Hikari Sagyousyo	5-11-26 Tajima	6758-3943
Designated Disability Welfare Service Office (lifestyle nursing)	Tipppuri	5-18-7 Tatsumiminami	6796-4799
Designated Disability Welfare Service Office (lifestyle nursing)	Takumi	1-17-12 Katsuyaminami	6776-2410

This is a list of facilities that are members of facility organizations.

Ikuno Ward's History

Ikuno Ward in Brief

Culturally, the Ikuno Ward area is home to a legacy and history dating back to the Manyo era (7th century AD).

The ward name "Ikuno" is drawn from the tale of the "Chieftain of Ikuno" associated with Prince Shotoku (Shotoku Taishi, a historical figure from the sixth century).

Furthermore, Katsuyama Kofun (a burial mound) is located to the east of the Ward Office, and although not definite, it is held to be the tomb of feudal lord Obase-no-Mikoto.

It is said that the name of the place shifted from "Okayama" to "Okatsuyama" (meaning victory mountain) due to Tokugawa Hidetada's victory here in the winter campaign of the siege of Osaka in 1614.

The region still holds true to its cultural traditions, including danjiri processions and Jizo festivals, forming a wealth of human experience and retaining the charms of the old downtown.

Origin of the Ward Name

Ikuno Ward was created from the former villages of Tsuruhashi in Tosei District, Ikuno, and Shoji when Osaka shifted to a 22 ward structure with the general restructuring of administrative districts in Japan on April 1, 1943. Subsequently, it incorporated the town of Tatsumi in Naka-Kawachi district during a merger of six towns and villages, bringing it to its present form.

In the vicinity of the bell of "Sharisonsho-ji" in the 1-2 district area of Shariji, we can find an inscription of a tale said to be related to the Ward's origins.

According to the tale, about 1300 years ago, a proud person known as the "Ikuno Choja" once lived in the area.

The Choja or chief had a child, but the child would not speak.

But then, Shotoku Taishi happened to be at Shitennoji and said to the child, "You don't know this, but you were entrusted with relics of the Buddha before you were born.

Return them now." The child spat out three relics of the Buddha, and Shotoku Taishi took one to the temple Horyu-ji in Nara, another to the temple Shitennoji in Osaka, and handed the third to the Ikuno Choja.

The child began to speak from that time onward, which pleased the Choja so much that he built a Buddhist temple himself.

The ward's inception drew inspiration from the tale of the Ikuno Choja, resulting in the name Ikuno Ward.

References: Kyodoshi Ikuno Publication Committee [Compilation], "Kyodoshi Ikuno Vol.2", Kyodoshi Ikuno Publication Committee, September 1982, opening, pp.2-4

Consultation points for senior citizens, the disabled, and children in Ikuno Ward

For consultations about long-term care insurance...

Ikuno Ward Office (Health and Welfare Center) Health and Welfare Dept. (Long-Term Care Insurance) **Phone** 6715-9859

For consultations about any passbook, stipend, or medical certification procedures...

Ikuno Ward Office (Health and Welfare Center) Health and Welfare Dept. (Welfare Services) **Phone** 6715-9857

For general consultations about nursing care, welfare, and advocacy...

Regional comprehensive support centers are the "general contact point" for lifestyle and long-term care. They support senior citizens in living safely in familiar areas.

Ikuno Ward Regional Comprehensive Support Center

Ikuno Ward Regional Comprehensive Support Center (Areas: Katsuyama, Higashi Momodani, Shariji, Nishi Ikuno, Ikuno, and Hayashiji)

Phone 6712-3103 FAX 6712-3122

Tatsumi Regional Comprehensive Support Center (Areas: Tajima, Ikuno Minami, Kita Tatsumi, Tatsumi Higashi, Tatsumi, and Tatsumi Minami)

Phone 6756-7400 FAX 6756-8888

Tsuruhashi Regional Comprehensive Support Center (Areas: Kita Tsuruhashi, Tsuruhashi, Myukimori, and Nakagawa)

Phone 6715-0236 FAX 6715-0237

Higashi Ikuno Regional Comprehensive Support Center (Areas: Higashi Nakagawa, Shoji, and Higashi Shoji)

Phone 6758-8816 FAX 6758-8817

General Reception for Consultations (branch)